

LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sept

FEED YOUR
CREATIVITY



Announcements:

CHOICE OF MILK
SERVED DAILY.

MENU SUBJECT TO
CHANGE BASED ON
AVAILABILITY.

Turkey Sub Sandwich ¹
Vegetarian Potato Salad
Fresh Fruit
Milk

Beef Ravioli ²
Spinach
Fresh Fruit
Milk

Grilled Cheese ³
Ranch Style Beans
Yams
Fresh Fruit
Milk

⁶
Labor Day
Student / Staff
Holiday

⁷
Beef Chili & Macaroni
French Style Green Beans
Fresh Fruit
Milk

⁸
Beans & Franks
Brown Rice
Sliced Carrots
Fresh Fruit
Milk

⁹
Beef Enchiladas
Salsa
Refried Beans
Fresh Fruit
Milk

¹⁰
Hamburgers
Baked Beans
Pickle Spears
Fresh Fruit
Milk

¹³
Chicken Sandwich
Sweet Potatoe Fries
Collard Greens
Fresh Fruit
Milk

¹⁴
Cowboy Cornbread
Spinach
Fresh Fruit
Milk

¹⁵
Chicken Tacos
Pinto Beans
Corn
Fresh Fruit
Milk

¹⁶
Turkey & Cheese
Sandwich
Baked Chips
Fresh Baby Carrots
Fresh Fruit
Milk

¹⁷
Chicken Nachos
Black Beans
Fresh Fruit
Milk

²⁰
Chicken & Rice Casserole
Mustard Greens
Fresh Fruit
Milk

²¹
Shepherd's Pie
Peas & Carrots
Fresh Fruit
Milk

²²
Beef Burritos
Salsa
Refried Beans
Fresh Fruit
Milk

²³
Salisbury Steak
Mashed Potatoes
French Style Green Beans
Fresh Fruit
Milk

²⁴
Chicken Nuggets
Tater Tots
Squash
Fresh Fruit
Milk

²⁷
Spaghetti
Corn
Fresh Fruit
Milk

²⁸
Cheeseburgers
Curly Fries
Pickle Spears
Fresh Fruit
Milk

²⁹
Turkey & Cheese
Sandwich
Baked Chips
Fresh Baby Carrots
Fresh Fruit
Milk

³⁰
Chicken Fajitas
Spanish Rice
Refried Beans
Fresh Fruit
Milk



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org